



Icahn
School of
Medicine at
Mount
Sinai

SPECIAL POINTS OF INTEREST:

- **Women in Science and Medicine (WiSM) group held their launch event**
- **Learn more about the Geriatric Student Interest Group and what they offer**

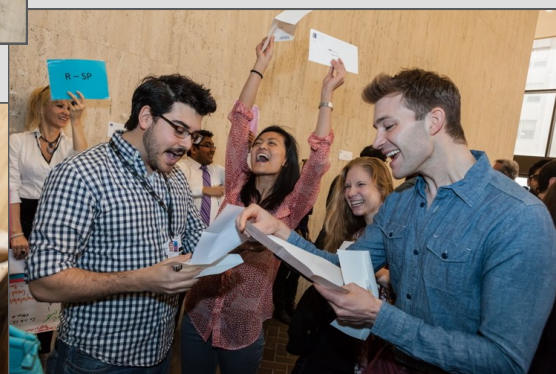
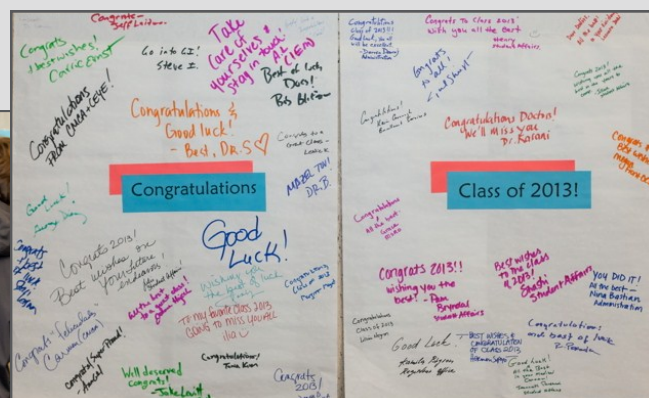
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Career Planning Services Newsletter

SPRING 2013

MATCH DAY 2013



DEPARTMENT OF MEDICAL EDUCATION
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A Closer Look: The Breadth of Physician Careers - Business, Law and Journalism



On February 12, CPS hosted a panel of three MDs who chose to take their career on an alternative path:

- **Jon Edelson, MD**
Venture Partner at Ascent Biomedical Ventures
- **Emily Senay, MD, MPH**
Health and Medical Correspondent, CBS
- **Walter Williamson, MD, JD**
Partner, White Fleischner & Fino

You can find the video here:

Blackboard>CPS Org>
Alternatives to Traditional Clinical Practice

Career Focused Events around Sinai: Women in Science and Medicine

WiSM was created in 2013 under the Office for Women's Careers in an effort to reach every woman in the Icahn School of Medicine at Mount Sinai.

On April 3, the newly formed Women in Science and Medicine (WiSM) group held their launch event with keynote speaker Carla Harris. Carla Harris is the Managing Director at Morgan Stanley Investment Management and author of "Expect to Win". Her speech featured advice and strategies for women on how to succeed and thrive in the workplace.

WiSM was created in 2013 under the Office for Women's Careers to unify the efforts of Women in Science, the ISMMS Women's Network, and women faculty to develop their full potential. WiSM hopes to hold events once a semester to provide opportunities for mentoring, networking, and professional development.



Carla Harris
Keynote Speaker



Upcoming Women's Networking Event will be on May 15th at 530p.m.
Students can contact Liz Pedowitz or Lianna Lipton

Match Secrets Revealed



SAMANTHA ZUCKERMAN

Memorial Sloan Kettering - Transitional Year
University of Pennsylvania - Radiology

TIPS AND ADVICE: If you are restricted by location, apply to lots of different programs in that location. Make your rank list with your gut/happiness in mind more so than other factors. Every program will teach you how to be a radiologist. You should go to the place you would be happiest to live in and the best program for you.

WHY THIS SPECIALTY: I came into medical school knowing that I was going to be an

OB/GYN. I have always been passionate about women's health. As third year started, I was still very excited about it and had a wonderful experience during my clerkship. On a whim, I did a radiology elective. I loved the mystery involved in radiology - looking at imaging and then coming up with a story to make sense of the chief complaint. During my clerkship, I felt like I was watching medical detectives at work! I followed the general rads elective with a breast imaging elective and suddenly, everything clicked. I realized there were so many ways to do women's health and that radiology would be a much better fit for me.

TIPS AND ADVICE: I would shoot for 10-12 interviews, and likely apply to at least double because the cost is not so bad to apply. I think wrapping your application together in a narrative is important in IM, with a bit of reflection on where you see yourself going. Interviews were mostly enjoyable and focused on parts of my application the interviewer found interesting.

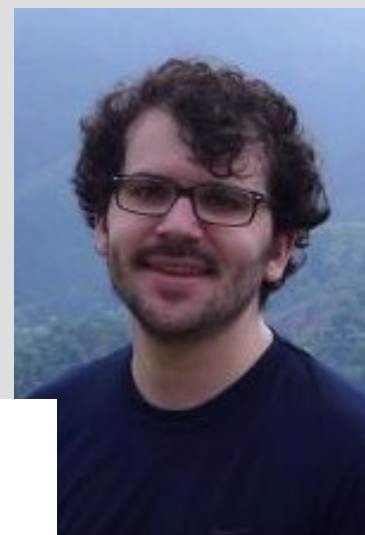
THOUGHTS WHEN YOU OPENED THE ENVELOPE:

I was happy to move to California, but a bit worried about leaving my family in NYC.

WHY UCSF: Because it was strong in both Internal Medicine, Primary Care and health policy. San Francisco General Hospital's reputation in public health, social medicine, and health disparities was also a draw for me, and the opportunity to train in a three hospital system was important.

MATTHEW SPINELLI

University of California San Francisco
Internal Medicine - Primary Care



WHY ICAHN: It is a high-powered academic program, with many incredible research opportunities, chances to work and learn from surgeons known for their superb operating skills and willingness to teach, impressive fellowship match list, and interesting case load. Personally, I was also excited about continuing to live in NYC, where many of my friends are, with mentors and house staff that I've had fun with and respect greatly.

RILEY KITAMURA

Icahn School of Medicine at Mount Sinai
General Surgery

WHY THIS SPECIALTY: I was interested in the different surgical specialties towards the middle of first year. I was sure I wanted to go into Surgery after my third year rotation. I did really well, I thought the cases were very interesting and I loved working with the people in that field the most.

TIPS AND ADVICE: If you are genuinely excited about this General Surgery, don't worry, you'll land in the right spot. Also, advice from your mentors can be very helpful. Even if they just tell you what you already know.



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Office of Student Affairs
212.241.4426

Career Planning Services Reps

Cindy Ko - Scholarly Year
Bill Fox - MS3
Ann-Marcia Tukpah - MS2
Carine Davila - MS1

For more information on any content, you
can contact your CPS Class Representatives
SinaiCPS@gmail.com

Upcoming CPS Events:

Year 3

Class Meeting: Residency Planning In-Depth
Tuesday, June 4 at 5 pm in Annenberg 1301

Year 4

**Class Meeting: Preliminary and Transitional
Year Positions**
Tuesday July 23 at 5 pm in Annenberg 1301

Year 4

**Class Meeting: Residency Application
Refresher**
Tuesday August 6 at 5 pm in Annenberg 1301

www.mssm.edu/education/medical-education/student-affairs

What's New for CPS?

Portfolio Exporter

Have you explored your student portfolio yet? Use the Portfolio Exporter to pull all of the content of your portfolio into a Word document. This will be useful when you prepare your CV and apply for residency!

CPS Organization on Blackboard

Check out the new, improved CPS Organization on Blackboard?

Here you will find resources for each step of career planning—from advisor meeting prep to choosing your specialty to the residency application process.

How do you get there?
Blackboard>Student Resources>Career Planning

Student Interest Group:

Geriatrics

WHAT TYPE OF ACTIVITIES HAS GIG HELD THIS YEAR?

We hosted a trip to Stuyvesant Town and Peter Cooper days after Hurricane Sandy. About 30 students and Dr. Patricia Bloom saw dozens of older residents, stranded without electricity, food, water, heat, or phones. Students did basic medical assessments to assist the Red Cross. We climbed hundreds of stairs, carried water and food, and took prescriptions to local pharmacies. We also had a panel where we heard from specialists from different fields speak to students about how they work with older adults in their practices. They discussed how rewarding it is because they could make huge differences in each patient's quality of life and ability to age gracefully.

WHAT SHADOWING OPPORTUNITIES ARE AVAILABLE TO STUDENTS?

Geriatrics faculty members are very accessible; many are in the Mentoring Database on Blackboard, or serve as ASM preceptors, medical school administrators, MSTAR mentors,

instructors in Geriatrics Bench to Bedside, or instructors during the third year clerkship.

WHAT IS MSTAR?

MSTAR is a summer research program run and funded by the American Federation for Aging Research (AFAR). More than a dozen Sinai students have been awarded MSTAR research grants each year. Dr. Rainier Soriano and Dr. Melissa Carlson put together a great summer curriculum where students meet weekly to learn about research methodology and current issues in aging. It gives everyone's summer some structure and a forum in which to discuss their experiences. GIG helps to organize the annual MSTAR Informational Dinner in which a few MSTAR students present their summer research.

Students should reach out to Hannah (Hannah.Oakland@mssm.edu) for questions or more information. GIG's faculty advisors are Dr. Sara Bradley and Dr. Nisha Rughwani.