If you are applying through the Canadian Residency Matching Service (CaRMS), you will be responsible for your application and documents, with the exception of the Registrar verifying that you are a student in good standing on the track to graduate when prompted. Note that if you apply through both CaRMS and the National Medicine Residency Program (NRMP), your rank list for NRMP will be nullified if you match via CaMS, which is held earlier.

**Letters of recommendation**
Your writers need to follow the directions on the cover letter you will send them, and send it to the appropriate place.

**Documents**
You are responsible for uploading your own documents through the website.

**Transcript & MSPE**
You will need to notify both the Registrar & Student Affairs where your transcript and MSPE need to be sent.

For more information and instruction, please reach out to Student Affairs and visit [https://www.carms.ca/en/](https://www.carms.ca/en/).