



## Travel Policy (as of July 20, 2020)

In order to maintain the safety of our community during the COVID19 pandemic, it is imperative that each member of our student body works with the Department of Medical Education and the Graduate School of Biomedical Sciences administration to limit and register any upcoming travel. This policy distinguishes between Mount Sinai sponsored and personal travel, what type of travel is restricted and exempt from this policy, and describes the travel registration form process. This policy applies to all medical and graduate student travel through January 1, 2021. This policy may be extended beyond this date depending on the state of COVID-19 in the coming months.

**Note that per New York State and Mount Sinai Health System guidance, if you are returning from an international location or a restricted state as listed on the [New York State travel advisory list](#), you will be subject to a MANDATORY 14-day quarantine, regardless of the results of a PCR test. You will not be permitted to participate in any in-person clinical, lab, or school activities. Medical and graduate students are not considered to be essential workers.**

### Mount Sinai Travel vs. Personal Travel

**Mount Sinai Travel** is any travel related to a Mount Sinai-sponsored program, activity or business. **As a result of the COVID surges occurring around the country, all Mount Sinai travel for students remains prohibited as has been the policy since March 12, 2020.**

### Travel exemption for medical students:

- **Medical students with a scheduled test date to sit for Step 1 and 2CK**
- **Medical students returning to New York City for reentry into required curricular or research activities.**

### Travel exemption for graduate students:

- **Graduate students returning to New York City for reentry into required curricular or research activities**

**Note that even if you have a travel exemption, if you are returning from an international location or a restricted state you will be REQUIRED to quarantine for 14 days upon your return. You will not be able to return to in-person clinical, lab, or school activities.**

**Personal Travel** is any travel within the United States or abroad, for personal reasons, such as vacations or trips to visit family and friends. Personal Travel (Domestic and International) is not sponsored by Mount Sinai nor is it covered by Mount Sinai travel insurance.

All medical and graduate students must register their personal domestic travel outside the tristate area (NY, NJ, CT) as well as international travel at least one week in advance with the exception of personal emergency.

At this time, all travel carries with it a serious risk of transmission of infection. Personal travel is not recommended and students should be aware that **anyone traveling is doing so at their own risk**. This includes the possibility of contracting or spreading COVID-19, being quarantined and/or having travel

restricted at your destination, being quarantined upon return to New York City, and causing major disruption to your education.

Choosing to travel means incurring these risks personally, **including the cost of quarantine or self-isolation outside of Sinai housing** should that be necessary. While we cannot prohibit personal travel, we will not have the resources to support quarantine/isolation and housing in Aron Hall or other Sinai properties for anyone who chooses to travel for personal reasons and finds themselves facing any of these complications. Because travel circumstances can vary, we cannot predict what specific requirements individual students may be subject to upon return.

### **Travel Registration Form:**

**All students must register their travel by completing the [TRAVEL REGISTRATION FORM](#), at least one week prior to the travel date. The registration form collects basic information about travel and allows us to protect the health of our students and all members of our community by monitoring and enforcing appropriate quarantine and testing strategies when necessary. A breach of this policy can lead to disciplinary action, up to and including dismissal from school.**

The pandemic is evolving rapidly across the country and the globe and specific areas deemed ‘high risk’ for travel change rapidly. Students travelling from areas deemed ‘high risk’ will need to comply with school and state mandates that includes mandatory 14 day quarantine upon return. The current list of restricted states requiring quarantine upon return to New York can be found here:

<https://coronavirus.health.ny.gov/covid-19-travel-advisory>

[For detailed information on guidelines, restrictions, and public health information by state, visit: https://www.nga.org/coronavirus/#states](https://www.nga.org/coronavirus/#states)

[FAQs Regarding Quarantine Restrictions on Travelers Arriving in New York State Following Out of State Travel](#)