



Icahn
School of
Medicine at
Mount
Sinai

Career Planning Services Newsletter

DECEMBER 2015

Spotlight on:

Obstetrics and Gynecology

Overview

From [AAMC Careers in Medicine](#) >choose your specialty>Obstetrics and Gynecology

Obstetrics and gynecology is a diversified specialty concerned with the delivery of medical and surgical care to women. This field combines two specialties: obstetrics, which focuses on the care of women before, during, and after childbirth; and gynecology, which involves the diagnosis and treatment of disorders of the female reproductive system, breasts, and associated disorders. Relationships with patients are long-term and are often maintained through the postmenopausal stage of a patient's life. Obstetrician-gynecologists (Ob-Gyn) often serve as consultants to other physicians. In many cases, the Ob-Gyn is the primary care physician, with whom female patients have regular contact and obtain medical advice and counseling. The specialty also offers opportunities to practice other skills such as laparoscopic surgery, endocrinology, and preventive medicine.



Why I Chose Obstetrics and Gynecology

By Joanne Stone, MD Professor, Obstetrics, Gynecology and Reproductive Sciences, Director, Maternal Fetal Medicine

What could be more exciting than bringing a new life into this world, or helping couples with fertility issues get pregnant, or being in the operating room all day doing surgery, or establishing long term lasting relationships with women from early adulthood to their senior years?

OBGYN is a field where there is a huge range of possibilities. I always knew I wanted to be involved in caring for women, and when I did my OBGYN rotation as a medical student, I fell in love with the labor floor. I loved the social aspect of working with other doctors and nurses in the care of patients. You are never alone on L and D (labor and delivery). After residency I pursued a fellowship in a subspecialty called Maternal Fetal Medicine where I take care of high risk pregnancies. There is nothing more rewarding than caring for a woman with medical issues or prior problematic pregnancies and helping them to have a healthy child. Also, if you are like me and like immediate gratification, there is a pretty immediate end in site (40 weeks of pregnancy).

Information about Pediatrics from AAMC Careers in Medicine

Patient Profile

5 most frequently encountered conditions

1. Pregnancy/Childbirth
2. Abnormal uterine bleeding
3. Menopausal concerns
4. Vaginitis
5. Pelvic pain

Length of training

4 years

Setting

56% of physicians practice in an urban setting at:

- Office Based Patient Care
- Hospital Based Physician Staff
- Medical Teaching

Subspecialties

Family Planning
Female Pelvic Medicine & Reconstructive Surgery
Gynecologic Oncology
Maternal & Fetal Medicine
Reproductive Endocrinology & Infertility

5% of physicians practice in a rural setting at:

- Office Based Patient Care
- Hospital Based Physician Staff
- Medical Teaching

Careers in
Medicine



Want more information about Obstetrics and Gynecology?

Specialty advisor: Katherine Chen, MD

Chairman: Michael Brodman, MD, Professor and Chair of the Department of Obstetrics, Gynecology and Reproductive Science

Check out the **Specialty Roadmap** on Blackboard. **View videos** about OB/GYN.

Blackboard>Student Resources>Career Planning Services>OB/GYN

<http://icahn.mssm.edu/departments-and-institutes/obstetrics-gynecology-and-reproductive-science>

Societies, Boards, and Other Organizations

[American Association of Gynecologic Laparoscopists](#)
[American Board of Obstetrics and Gynecology](#)
[American College of Obstetricians and Gynecologists](#)
[American Society for Reproductive Medicine](#)
[Association of Professors of Gynecology and Obstetrics](#)
[International Federation of Gynecology and Obstetrics](#)
[Society for Maternal-Fetal Medicine](#)
[Society for Womens Health Research](#)

Publications

[American Journal of Obstetrics and Gynecology](#)
[Journal of the American Association of Gynecologic Laparoscopists](#)
[Obstetrics and Gynecology](#)
[Fertility and Sterility](#)
[Biology of Reproduction](#)
[International Journal of Gynecology and Obstetrics](#)
[Journal of Reproductive Medicine](#)
[Journal of Womens Health](#)

Office of Student Affairs

212.241.4426

Annenberg 13-30

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<http://icahn.mssm.edu/education/medical/student-affairs>