

# Weekly Update Newsletter

## Icahn School of Medicine at Mount Sinai

September 25, 2020

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## General Announcements

### Small Group Rooms on Annenberg 12 and 13 Blocked Off September 29 to October 2 for IF6 Sessions

The small group rooms on the 12th and 13th floors on Annenberg will not be accessible September 29 to October 2 from 9:00 AM to 5:00 PM due to mandatory in-person InFocus 6 sessions.

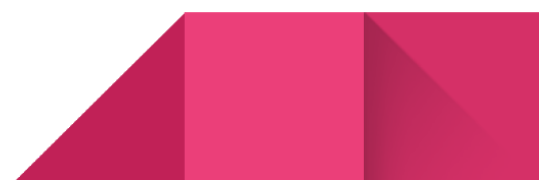
### Flu Shots - Aron Hall Drive Tuesday September 29 by RSVP

Flu season is approaching and it is especially important to get your flu shot this year! The CDC recommends flu vaccination no later than the end of October.

New York State and ISMMS **mandate** that all students receive a flu vaccine. Remember that flu can mimic signs and symptoms of COVID-19. Furthermore, co-infection with flu and COVID-19 can lead to worse outcomes. By getting vaccinated, you protect yourself, your loved ones, and your community!

There are plenty of options of where to obtain your flu vaccine.

- 1) A Student Flu Drive will take place by appointment only in the ARON HALL Courtyard on **TUESDAY, SEPTEMBER 29**. Please sign up [HERE](#) to schedule an appointment.
- 2) Mount Sinai will be providing flu vaccines at local places of distribution (PODs) across the Mount Sinai campus and at local offices by appointment only. Please sign up [here](#) to schedule an appointment.
- 3) For students who are off-campus or remote, flu vaccines are readily available in local pharmacies and primary care offices.
- 4) Flu vaccines will be provided on floors of the Mount Sinai Hospital for teams working in those units.
- 5) You may schedule an appointment through MyChart to obtain a flu vaccine in Student Health. We cannot accept walk-in visits this year due to social distancing requirements.



- 6) The Employee Health [intranet site](#) and scheduling system will be updated with additional dates and times in the coming weeks.

In order to meet compliance requirements, please upload documentation of your flu vaccine [HERE](#). If you obtain the vaccine from student health or the student flu drive, you do not need to upload documentation. Remember to get your “21-FLU” sticker for your Mount Sinai ID once you provide documentation.

## MD Virtual Interviews - September 30 and October 2

Interviews for the entering Class of 2025 take place on **Wednesday, September 30<sup>th</sup>** and **Friday, October 2<sup>nd</sup>** this week. We would like to invite you to join us for a virtual hello to the applicants, just like you would stop by the Admissions office but now on [Zoom](#)! You can find the list of applicants [here](#).

You may visit applicants at the following times this week: **between hours of 9:15 AM to 11:45 AM.**

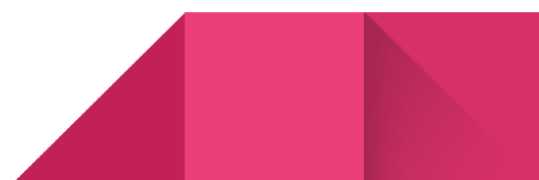
## October is Disability Awareness Month

Join us for Disability Awareness Month this October! Throughout the month of October, the Office for Diversity and Inclusion will be hosting virtual events to raise disability awareness, promote the importance of equity and inclusion in the healthcare environment, and learn about resources to aid in the care of people with disabilities.

Attendees will have the opportunity to participate in interactive sessions, hear from our distinguished speakers and panelists, as well as immerse themselves in resources and educational materials, and engage with colleagues from across the health system.

[RSVP here](#) for all upcoming events.

**Tuesday, October 6 - Disparities in Health Care for Black Patients in Physical Medicine and Rehabilitation in the United States.** Miguel Escalon, MD, Vice Chair, Department of Rehabilitation Medicine and Human Performance, Mount Sinai Health System. Virtual: 11 AM – 12 Noon



**Tuesday, October 6 - Access-A-Ride Paratransit Service – Proactive Measures During COVID-19 and Beyond.** Donna Fredericksen, Deputy Director, Paratransit Outreach, MTA NYC Transit. Virtual: 2 PM-3 PM

**Thursday, October 8 - Providing Resources for People with Disabilities During the Pandemic,** NYC Mayor’s Office for People with Disabilities. Jonathan Novick, Outreach Manager. Virtual: 12 PM-1 PM

**Tuesday, October 13 - Multiple Sclerosis 2020: A Clinician’s Update.** Andrea Arzt, LCSW; Debby Bennett, Program Implementation Manager. National Multiple Sclerosis Society. Virtual: 2 PM – 3 PM

**Thursday, October 15 - Autism Spectrum Disorder Across the Lifespan.** Paige Siper, PhD, Chief Psychologist, Assistant Professor of Psychiatry; Michelle Gorenstein, PsyD, Director of Community Outreach, Assistant Professor of Psychiatry, Seaver Autism Center. Virtual: 12 PM – 1 PM

## Chats for Change Brings in the Fall - Next Event September 29

### **Racism, Assimilation, and Professionalism: How Does it Work?**

Tuesday, September 29 at 12 pm

Join us on Zoom. Meeting ID: 994 0054 2040

How do predominately white institutions promote the assimilation of Black, indigenous, and people of color and others? How is professionalism used to enforce this dominant culture? How does this relate to the ways in which we interact with each other at Sinai? Join us for reflection and small group dialogue.

## Mandatory Travel Registry Reminder

Any student traveling outside the tri-state area must complete the travel registry:

[https://mountsinai.formstack.com/forms/travel\\_registration\\_form](https://mountsinai.formstack.com/forms/travel_registration_form)



## Career Planning Services

### Alumni Connect Zoom Video Series, Dr. Goutham Narla - September 30 at 5 PM

The Office of Alumni Relations is pleased to bring you the Alumni Connect: Zoom Video Series. Join us as we hear from top alumni throughout the country sharing advice on careers after Sinai, how to cope with the rigors of a Sinai education and more! These sessions are open to all students.

Join us for our next session on **Wednesday, September 30th @ 5:00PM with Dr. Goutham Narla ISMMS '06 MSH '12.**

Dr. Narla is an ISMMS MD/PhD alum who is currently a Professor with tenure at the University of Michigan Medical School. He is also Department of Medicine Chief, and Associate Director of the Medical Scientist Training Program (MSTP). Please RSVP for a session by emailing [jason.soto@mountsinai.org](mailto:jason.soto@mountsinai.org).

Zoom Details will be shared after you RSVP for the session.

### CPS Spotlight: American Medical Student Association (AMSA)

“As the only national independent student-run medical organization working for medical students, the American Medical Student Association (AMSA) provides education and leadership training, resources, ideas and a voice for physicians-in-training to enhance the power and performance of the medical profession. Receive a new member gift immediately upon joining, courtesy of Wolters Kluwer and Kaplan Test Prep.”

See their programs and events, and ways to get involved here: <https://www.amsa.org/>.

### CPS Resources

Dr. Monica Dweck, Director, Career Planning Services, Office for Student Affairs.

*Office hours in MARC* or email [monica.dweck@mssm.edu](mailto:monica.dweck@mssm.edu).



AAMC Careers in Medicine	<a href="https://www.aamc.org/cim/">https://www.aamc.org/cim/</a>
ISMMS Specialty Information	<a href="http://medinfo.mssm.edu/CPS">http://medinfo.mssm.edu/CPS</a>
ISMMS Mentor Database	Blackboard > <a href="#">Student Resources</a>

## Class of 2021 Updates

### MSPE Review Period - September 29 through October 6

You can find your MSPE [here on Blackboard](#).

**MSPE review will be open from Sep. 29 - Oct. 6, and will close at 5pm on Oct. 6.**

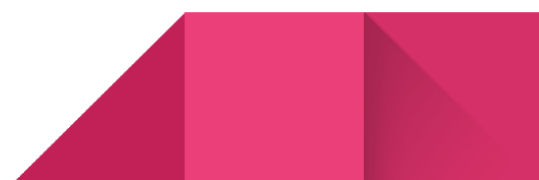
- You will be asked to complete a MSPE Verification Quiz by October 6 at 5 PM even if your MSPE is correct. This allows us to know that you have reviewed the MSPE and that you are giving us permission to upload it to ERAS by October 21.
- At this point in the process, **ONLY grammatical or factual errors will be modified**. You can access the MSPE Verification Quiz on Blackboard. (Blackboard> 2021 Organizations> Year 4>Updates and Reviews)
- **All students must verify their MSPE and take the quiz by this date in order for it to be uploaded onto ERAS on October 21.**

Contact Student Affairs ([student.affairs@mssm.edu](mailto:student.affairs@mssm.edu)) with questions regarding this task.

### Transcript Review - Closes Friday October 2

For your transcript to be uploaded to ERAS, students must follow the following directions:

- To review your transcript, log into [Empower](#) to review your Unofficial Transcript.
- After you have reviewed the unofficial transcript, you **MUST** complete the following form by Friday, October 2, 2020, *even if you do not have corrections*:



<https://mountsinai.formstack.com/forms/erastranscriptreview>. Failure to review your transcript and complete the survey will result in a delay in uploading your transcript into ERAS.

- *Please note:* Students who are on HOLD (Bursar/Housing/Student Health, etc) will be able to review their transcript, but will NOT have their transcripts uploaded to ERAS until the hold is resolved.

ERAS Transcript Review Period information is also located in [Blackboard>Class of 2021>Year 4>Updates & Reviews](#).

## The Rutgers Robert Wood Johnson Medical School GME Residency Open House - September 29

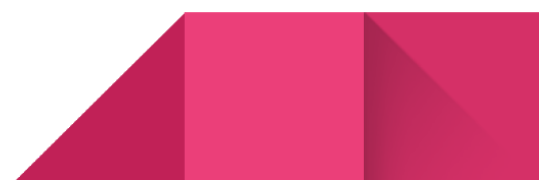
This virtual event will provide a look at the GME experience through direct interactions with faculty and residents in our community. There will be opportunities for registrants to visit individual residency programs and acquire valuable information about the application, interview, and selection processes. Underrepresented in Medicine (URmedM) students are especially encouraged to register. The event is Tuesday, September 29 from 5 to 8 PM EST. Register [here](#).

## Maimonides Anesthesiology Residency Program Virtual Open House - Sept 29, Oct 7 and Oct 13

The Department of Anesthesiology Residency Program Virtual Open House at Maimonides Medical Center in Brooklyn, NY is September 29, October 7 and October 13. Email [DRoman@maimonides.org](mailto:DRoman@maimonides.org) for more information.

## University of Arizona Emergency Residency Program

Wednesday, September 30 at 5 PM	Meet the Program Directors
Wednesday, September 30 at 6 PM	Meet the Chief Residents
Thursday, October 13 at 6 PM	Meet some of the Residents



For more information and to register:

<https://emergencymed.arizona.edu/residencies/ua-university-campus>

## University of Oklahoma Obstetrics and Gynecology Residency Program Virtual Open House - September 27

Learn more about the [University of Oklahoma Obstetrics & Gynecology Residency Program](#) at one of our virtual Open House opportunities on **Sunday, September 20 or Sunday, September 27, from 7:00-8:00 pm, CST**. Our residents would love to meet you and provide you with more information about our residency program, life in Oklahoma City and their experiences as a resident in our program. They will answer your live questions and questions that have been submitted prior to the event through this online [DOCUMENT](#).

No RSVP is required. Simply click [HERE](#) to login to Zoom on the 20<sup>th</sup> or 27<sup>th</sup> or send an email to [Laura-Scobey@ouhsc.edu](mailto:Laura-Scobey@ouhsc.edu) and she will send you a meeting invitation containing the Zoom link.

Interested in learning more before the Open House? Check us out on our [WEBSITE](#) and or visit us on Instagram: <https://www.instagram.com/ouobgynresidency>!

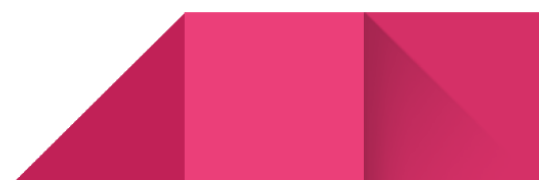
Questions? Contact our program coordinator: [laura-scobey@ouhsc.edu](mailto:laura-scobey@ouhsc.edu).

## Newly Accredited Internal Medicine Program - Everett, WA

Newly-accredited, the Internal Medicine residency program is a part of Washington State University Elson S. Floyd College of Medicine. This program is based in Everett, WA. For more information, go here: <https://medicine.wsu.edu/gme/im-everett/>.

## NRMP Registration is now Open for Main Residency Match

Registration is now open for the NRMP at <http://www.nrmp.org> for the 2021 Main Residency Match. Applicant Standard Registration Deadline Jan. 31: 11:59 p.m. ET (\$50 additional fee for late registration)





# Residency Application Resources and Dates

The Office for Student Affairs is committed to providing students with the most up-to-date information about the residency application cycle this coming year.

## Important Resources:

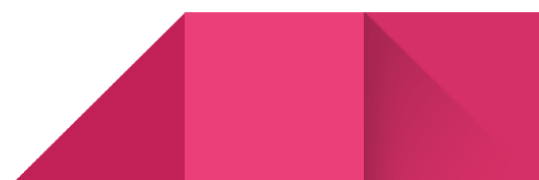
- Guide to Fourth Year: [Blackboard > Class of 2021 MD](#)
- Residency resources and worksheets: [Blackboard > Class of 2021 MD](#)
- ISMMS specialty specific resources: <https://medinfo.mssm.edu/CPS>
- [MyERAS for residency applicants](#) - You may now submit applications! Applications and MSPEs will be released to programs on October 21

Additionally, we encourage you to utilize these resources as you go through the application cycle:

- [ERAS Tools and Worksheets for 2021 Residency Applicants](#)
- [Specialty Response to COVID-19](#)
- [ERAS COVID-19 Frequently Asked Questions \(FAQs\)](#)
- [ERAS 2021 Recorded Webinars for Residency Applicants](#)
  - Effectively Utilizing ERAS
  - AAMC Tools for a Successful Residency Application
  - Effectively Utilizing ERAS: Q&A session
- [Residency Explorer](#) comparison tool
- New data released from [Diminishing Returns](#) to support students in deciding how many programs to apply to

## Important Dates:

September 15, 12 PM	NRMP Registration Open
Sept 28 - Oct 2	InFocus 8 Final MSPE Review Transcript Review <i>open now</i>
October 21	ERAS opens to programs & national MSPE release date



## Class of 2022 Updates

### Interested in research, a second degree or consulting year?

Join the Medical Student Research Office and Office for Student Affairs for an information session and student roundtable about taking a Scholarly Year, obtaining a second degree or exploring consulting options between M3 and M4 years. There will be an opportunity for Q&A.

Information session is Friday, October 2 at 11 AM. Zoom link is on your InFocus 6 course calendar.

## Class of 2023 Updates

### Class of 2023 Shadowing Compliance Update

As a reminder, all compliance requirements on the [Year 2 Fall Orientation Compliance Checklist](#) need to be completed by the Due DATE indicated for each compliance item highlighted in the table below. In addition, please find the compliance requirements for in-person shadowing. All virtual shadowing will not require mask fitting. Please refer to the [Blackboard Compliance Page](#) for additional resources.

Please contact [compliance@mssm.edu](mailto:compliance@mssm.edu) for any further questions.

### Compliance Requirements for all Year 2 Students

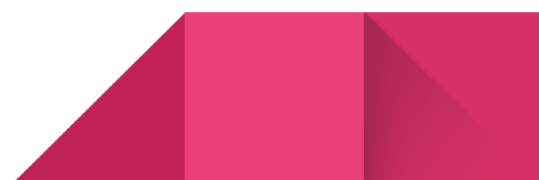
Compliance Requirements Tracked by the Department of Medical Education		
	Instructions	Due/How to Submit
Peak Training Modules	<b>*Peak Modules will need to be completed before shadowing</b>	DUE: <b>August 31<sup>st</sup>- Past Due</b> No documentation is required for the PEAK Training

	Access here: <a href="#">PEAK Homepage</a> Search by name <ul style="list-style-type: none"> <li>• GME   MSHS - Infection Prevention and Control / Bloodborne Pathogen Course 2020</li> <li>• Radiation Safety in Fluoroscopy for Operators- 2020</li> <li>• GME   HIPAA- Privacy and Security 2020</li> </ul>	
<b>Student Health Specific Compliance Requirements (Tracked by Student Health <u>not</u> MedEd)</b>		
<b>Annual Health Assessment Form</b>	Complete the <a href="#">AHA Form</a> and upload to google form. If you have any questions about completing this form, contact Student Health.	<b>Due: August 31<sup>st</sup>-Past Due</b> Submit record: <a href="#">Class of 2023 AHA Google Form</a>

## Compliance Requirements for In-Person Shadowing at Mount Sinai Health System Sites

At this time we are limiting shadowing to only Mount Sinai Health System sites.

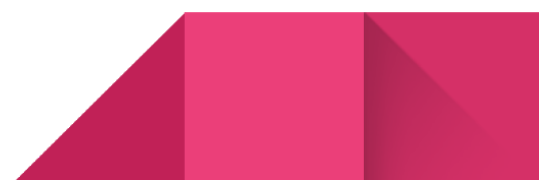
<b>Compliance Requirements Tracked by the Department of Medical Education</b>		
<b>Mask Fitting for N95 Respirators</b>	<b>Walk in hours at MSH (GP Hatch Auditorium)</b> <b>August fit test schedule. Schedule below.</b>  <a href="http://medinfo.mssm.edu/uploads/Fit-Test-Schedule-August-2020.pdf">http://medinfo.mssm.edu/uploads/Fit-Test-Schedule-August-2020.pdf</a>  <ol style="list-style-type: none"> <li>1. Get mask fitted</li> <li>2. Bring your masks that you received from your fitting with you when you shadow</li> <li>3. Get a certificate and sticker</li> <li>4. Keep your mask that you are fitted for.</li> </ol>	<b>Due: At least 2 weeks before your shadow experience begins.</b>  <b>Submit:</b> Scan your mask certificate here <a href="#">Mask Fit Certificate</a>



<b>PAPR Training</b>	<p><b>ONLY REQUIRED IF YOU DO NOT FIT ANY N95 RESPIRATOR. IF YOU DO NOT SHAVE, YOU WILL NEED TO GET PAPR TRAINED.</b></p> <p>Mask fitting is required annually. If you previously have needed to get PAPR training or will need to get PAPR training if you do not fit the new masks, please go to the Respiratory department to get PAPR training</p> <p>When: Every Thursday at 2:00pm (walk in only) Location: MSH, Guggenheim Pavilion, MC Level, Rm 440, Resp Care</p> <p>To request the PAPR hood and generator, please request through our hashtag (#transportmanagers) or transport1@mountsinai.org . They will work with IP to get an approval which is about a 30 minute turnaround. Once approved, you will be able to pick up the equipment. You will receive more instructions about where to go.</p>	<p><b>Due: At least 2 weeks before your shadow experience begins.</b></p> <p><b>Submit:</b> Scan your mask certificate here <a href="#">Mask Fit Certificate</a></p>
<b>Scrub Access</b>	<p>Please email <a href="mailto:clerkships@mssm.edu">clerkships@mssm.edu</a> with the following information:</p> <ol style="list-style-type: none"> <li>1. Your Full Name and Life Number</li> <li>2. The 6 digits on the back of your MSH ID card that follows either the asterisk or the plus sign. Eg 2*123456 OR 2+123456</li> <li>3. Your scrub size</li> </ol> <p>If you do not access your scrubs after a few months, you will lose access to the scrub machine and will need to be reactivated in the system.</p>	<p><b>Due: At least 2 weeks before your shadow experience begins.</b></p>
<b>Student Health Specific Compliance Requirements (Tracked by Student Health <u>not</u> MedEd)</b>		
<b>TB Screening</b>	<p>To complete a TB test at the Mount Sinai lab, please schedule an appointment via myChart and follow up with Student Health.</p>	<p><b>Due: At least 2 weeks before your shadow experience begins.</b></p> <p>No documentation is required.</p>

## Class Chats with Dr. Cunningham - September 30

The Office of Student Affairs is committed to maintaining an open forum with your peers on a monthly rotation at a time that maximizes attendance. The next Class Chats with Dr. Cunningham for MS2s will be **September 30 at 6:30 PM**. Zoom: 458 336 8689, Passcode: classchats.



# Class of 2024 Updates

## Class of 2024 Shadowing Requirements Update

We are sending you information regarding in-person shadowing experiences. We are committed to both your safety and your ability to explore various specialties during COVID-19.

Starting October 1st, we will start the onboarding process for in-person shadowing for Year 1 students. The process generally takes approximately two weeks. **Please review the compliance requirements below.**

Please note, virtual shadowing via Telehealth through East Harlem Health Outreach Program (EHHOP) is also available. If you are interested in virtual shadowing through EHHOP, please email: [ehhop.clinic@mssm.edu](mailto:ehhop.clinic@mssm.edu).

If you have any questions, please email [compliance@mssm.edu](mailto:compliance@mssm.edu).

## Compliance Requirements for In-Person Shadowing at Mount Sinai Health System Sites

At this time we are limiting shadowing to only Mount Sinai Health System sites.

Compliance Requirements Tracked by the Department of Medical Education		
Mask Fitting for N95 Respirators	<p>Walk in hours only. No Scheduling needed.</p> <p>WHEN: <a href="#">September 2020 Mask Fit Schedule</a></p> <p>* <b>Once the mask fit schedule for October is released, the compliance team will distribute the schedule.</b></p> <p>WHERE: MSH, Stern Auditorium</p> <ul style="list-style-type: none"><li>● Get mask fitted</li><li>● <b>KEEP YOUR MASK!!!!</b></li><li>● Bring your masks that you received from your fitting with you when you shadow</li></ul>	<p><b>Due: At least 2 weeks before your shadow experience begins.</b></p> <p><b>Submit:</b> Scan your mask certificate here <a href="#">Mask Fit Certificate</a></p>

	<ul style="list-style-type: none"> <li>● <b>Get a certificate and sticker</b></li> </ul>	
<b>PAPR Training</b>	<p><b>ONLY REQUIRED IF YOU DO NOT FIT ANY N95 RESPIRATOR. IF YOU DO NOT SHAVE, YOU WILL NEED TO GET PAPR TRAINED.</b></p> <p>Mask fitting is required annually. If you previously have needed to get PAPR training or will need to get PAPR training if you do not fit the new masks, please go to the Respiratory department to get PAPR training</p> <p>When: Every Thursday at 2:00pm (walk in only) Location: MSH, Guggenheim Pavilion, MC Level, Rm 440, Resp Care</p> <p>To request the PAPR hood and generator, please request through our hashtag (#transportmanagers) or transport1@mountsinai.org . They will work with IP to get an approval which is about a 30 minute turnaround. Once approved, you will be able to pick up the equipment. You will receive more instructions about where to go.</p>	<p><b>Due: At least 2 weeks before your shadow experience begins.</b></p> <p><b>Submit:</b> Scan your mask certificate here <a href="#">Mask Fit Certificate</a></p>
<b>Scrub Access</b>	<p>Please email <a href="mailto:clerkships@mssm.edu">clerkships@mssm.edu</a> with the following information:</p> <ol style="list-style-type: none"> <li>1. Your Full Name and Life Number</li> <li>2. The 6 digits on the back of your MSH ID card that follows either the asterisk or the plus sign. Eg 2*123456 OR 2+123456</li> <li>3. Your scrub size</li> </ol> <p>If you do not access your scrubs after a few months, you will lose access to the scrub machine and will need to be reactivated in the system.</p>	<p><b>Due: At least 2 weeks before your shadow experience begins.</b></p>
<b>Student Health Specific Compliance Requirements (Tracked by Student Health <u>not</u> MedEd)</b>		
<b>TB Screening</b>	<p>If you have not completed PPD during enrollment, please schedule an appointment with Student Health via myChart.</p>	<p><b>Due: Past Due</b> No documentation is required.</p>

## Class Chats with Dr. Cunningham - October 7

The Office of Student Affairs is committed to maintaining an open forum with your peers on a monthly rotation at a time that maximizes attendance. The next Class Chats with Dr. Cunningham for MS1s will be **October 7 at 6:30 PM**.

Zoom: 458 336 8689, Passcode: classchats

## Milestone Reminders

**By 10/19:** Schedule Meeting with Dr. Lin OR Dr. Rojas through MARC

**By 10/23:** Complete the *Introduction to Careers In Medicine* activity

**By 10/25:** Complete PubMed Training

- As promised on Blackboard, the PubMed Training modules will be available starting on Monday August 31. There is also an optional live session on Tuesday September 22, and the link to sign up for this live session will also be available on Monday.

**By 10/27:** Attend Assigned “Dismantling Racism and Bias in Your Medical Education” Training Session

- In case you hadn’t already checked the Blackboard page for your session assignment, everyone received an email this week with their date and time for this Milestone, either **October 6 from 1-3pm** or **October 27 from 1-3pm**. You have been automatically assigned to one of these sessions; if you missed this email, [please see your assignment on the roster here](#).
- If you have an issue with your date, you can [fill out this request form](#) to complete a One-to-One switch with a student who was placed in the other session. The deadline for this switch is this **Tuesday September 29 at 5pm** so we can finalize the rosters.

More information about each Milestone is available on your [Class of 2024 Milestones and Resources Organization>Milestones Map \(Y1 Fall\)](#).

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